



ALISON L. JOHNSON, M.S., LMFT  
Licensed Marriage & Family Therapist  
and Clinical Supervisor

Discover and Begin  
A New Way of Life.



[www.TherapyWithAlison.com](http://www.TherapyWithAlison.com)

## **I help clients attain the personal growth they are striving for.**

My name is Alison Johnson, and I'm here to help you. My goal is to help you feel heard and supported while guiding you to achieve fulfillment in your life.

If you're looking for guidance through a challenging situation with your children, partner or anyone else or you're just ready to move in a new direction in your life, I look forward to working with you to accomplish your goals.

Because sometimes you need more than a friend to listen to you, and help you work through your problems.

### **Treatment may include:**

- Therapy for depression and anxiety
- Couples and family counseling
- Co-parenting support
- Codependency issues
- Work and career issues
- Stress and anger management
- Addiction and recovery
- Conflict resolution
- Victims of crime
- Abandonment issues
- Therapy for individuals with hearing loss
- Therapy for individuals with a disability and their families
- Parents who have children with special needs
- Personality disorders, mood disorders and psychotic disorders
- People who engage in self-harming behaviors and at-risk teens

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